

DESIGN & LAYOUT



RIGHT: Luis Perez (11) reaches for a new PR in long jump at Carpinteria's Rincon Games.

BELOW: Timothy Gauthier (10) leans into the curve and picks up speed in the Sprint Medley at SBCC Easter Relays.

RIGHT: PAUL JOHNSON (11) WITH IMPROVED FORM LEADS THE WAY in the 110m hurdles.

ABOVE: Tommy Hill (9) stays focused in the 1200m leg of the Fresh/Soph distance medley relay at SBCC, ahead of teammate Artem Borysyuk (9).

ABOVE: Arel Celis (10) starts his kick and sprints for a strong finish in the 1600m run.

ABOVE: Sequoia Hatch (10) throws a disc with full force and effort.

ABOVE LEFT: Eric Wittman (10) cuts through the wind in his leg of the 4 x 800m relay at Easter Relays in Santa Barbara.

LEFT: Ulises Perez (11) strikes a pose mid-stride in his relay race at SBCC.

180 hurdles

PARDON OUR DUST

TRAINING AND CLAIMING

The junior varsity boys worked in an extensive phase of heavy training in the beginning of the season. From the multiple weekly meets to the popular Easter Relays, the team showed progress and improvement. Freshman twins Tommy and Cody Hill continue to cause double takes; Sophomore Eric Wittman stood out for his closing power.

"THE TEAM SHOWS PROGRESS AND IMPROVEMENT."

From the horizontal to the vertical jumps, Pirates reached heights throughout the season. Across the field, throwers marks farther and farther out. There continued to be progress and achievement through each meet, largely with the discipline and consistency of this powerhouse team. Meet after meet, JV athletes reach new marks that raised them to the next field of competition: Varsity.

Sports
 JUNIOR VARSITY BOYS TRACK

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1. INCLUDE A DOMINANT PHOTO OR COPY

- should be the most important or interesting item and should grab attention
- techniques include: close cropping images, special effects, spot colour, isolation

2. PLACE PHOTOS TO STIMULATE READER INTEREST

- use different sizes and shapes
- vary the dominant photo from one spread to another

3. LINK ITEMS TOGETHER

- create horizontal eyelines that carry the eye across the double-page spread
- link items together through visuals and copy
- use columns to structure elements on the spread

4. INCLUDE SECONDARY CONTENT

- content that supports the main topic
- techniques include: student quotes and images, interesting facts, surveys

5. PLACE COPY EFFECTIVELY

- story and headlines operate as a single unit
- use captions for all photos and align them with the photos they support
- use fonts that tie in with the theme

6. EFFECTIVE USE OF WHITE SPACE

- creates a balance on the page
- effective white space draws attention to deserving content
- keep spacing consistent between elements
- plan carefully so that it looks intended